ALMOND COOKIES



A very light and flaky almond cookie. This old Chinese recipe was given to me by a friend in Hawaii. The ingredient that makes these cookies special is Lye Water which can be found in Chinese markets. Makes 9 dozen.

Ingredients:

4	c	flour, unbleached
2	c	sugar
2	c	salad oil
1/2	c	peanut or almond butter
1 ½	T	water
1	t	baking powder
1/2	t	baking soda
1		egg
1	T	almond extract
1	t	lye water
1/2	c	Chinese north almond halves

Instructions:

- 1. Mix flour, sugar, oil, and peanut butter in the bowl of a mixer until well incorporated.
- 2. In a small bowl, dissolve baking powder and baking soda in water. When dissolved, add to mixture in mixing bowl.
- 3. Add egg, almond extract, and lye water to mixing bowl and blend well.
- 4. Roll into small balls and flatten onto cookie sheets. Make a depression in the center and add the Chinese north almonds halves.
- 5. Optional: Instead of almonds, fill cookie depression with preserves before baking.
- 6. Bake 20 minutes in 300°F oven. To prevent cookies from falling apart, cool before removing from baking sheet.

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